



Town Hall - 551 Hot Springs Blvd.  
Pagosa Springs, CO 81147

## AGENDA

Combined Parks & Recreation Advisory Board Meeting  
Thursday, March 6, 2025 @ 5:30 PM

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### 1. REMOTE PARTICIPATION

A zoom link is made available, however the Town does not and cannot guarantee internet service or online broadcasting. Remote attendance is at the risk of the attendee as the public meeting will continue in person regardless of the Town's broadcast capability.

Join Zoom Meeting By Computer - <https://us06web.zoom.us/j/83920060694>

Dial by Phone - 1-669-900-6833 US - Meeting ID: 839 2006 0694

### I. CALL MEETING TO ORDER

Tree Board

### II. ROLL CALL

### III. BOARD ANNOUNCEMENTS

### IV. PUBLIC COMMENT

### V. NEXT MEETING (JUNE 5, 2025) AT 5:30 PM

### VI. ADJOURNMENT

### VII. ROLL CALL

### VIII. PUBLIC COMMENT

### IX. CALL MEETING TO ORDER

Parks and Recreation Combined Advisory Board

### X. BOARD ANNOUNCEMENTS

### XI. APPROVAL OF MINUTES

1. Approval of the [November 7, 2025] Meeting Minutes

[Combined Parks & Recreation Advisory Board - 07 Nov 2024 - Minutes - Pdf](#)

### XII. DEPARTMENT REPORT

1. Parks Department Report

[Parks Brief](#)

2. Recreation Report

[rec brief](#)

### XIII. OLD BUSINESS

1. Grant Updates For Projects

2. Vendor Access Yamaguchi Park Update

3. Bike Park Update

4. 1st Pedestrian Bridge Update

5. Outdoor Exercise Equipment Update

6. Pagosa Gateway Project

7. Yamaguchi South River Improvement Project

**XIV. NEW BUSINESS**

1. Fitness Court

<https://www.nationalfitnesscampaign.com/watch>

[Fitness Court](#)

2. Chair and Vice Chair for Board

3. Identifying dates, times and location of Parks and Rec. meeting

**XV. PUBLIC COMMENT**

**XVI. NEXT MEETING (APRIL 3, 2025) AT 5:30 PM**

**XVII. ADJOURNMENT**



Town Hall - 551 Hot Springs Blvd.  
Pagosa Springs, CO 81147

Combined Parks & Recreation Advisory Board Meeting  
November 7, 2024 @ 5:30 PM

## MINUTES

A regular meeting of the Combined Parks & Recreation Advisory Board was called to order on November 7, 2024, at 5:30 PM in the Town Hall - 551 Hot Springs Blvd..

**COMMISSIONERS PRESENT:** Sally High, Larry Lynch, Mike Musgrove, and Gwen Taylor

**COMMISSIONERS ABSENT:** Council Member deGraaf, Jenny Highum, Veronica Medina, Kevin Metzler, and Josh Sanchez

1. REMOTE PARTICIPATION – A zoom link is made available, however the Town does not and cannot guarantee internet service or online broadcasting. Remote attendance is at the risk of the attendee as the public meeting will continue in person regardless of the Town's broadcast capability.

Join Zoom Meeting By Computer - <https://us06web.zoom.us/j/84557608723>  
Dial by Phone - 1-669-900-6833 US - Meeting ID: 845 5760 8723

- 1 CALL MEETING TO ORDER – A regular Tree Board Meeting was called to order on November 7, 2024 at 5:33pm in 551 Hot Springs, Blvd-Town Hall

- 2 **ROLL CALL**

- 3 **BOARD REPORTS**

- 4 **PUBLIC COMMENT**

- a) No public comment

- 5 ADJOURNMENT – By motion adjourned Tree Board Meeting at 5:36 PM

- 6 **NEXT BOARD MEETING (March 6, 2025) AT 5:00 PM**

- 7 CALL MEETING TO ORDER – A regular meeting of the combined Parks and Recreation Advisory Board was called to order on November 7, 2024, at 5:37 p.m. in the 551 Hot Springs Blvd--Town Hall.

- 8 **ROLL CALL**

- 9 **PUBLIC COMMENT**

- a) No public comment

- 10 **BOARD ANNOUNCEMENTS**

- a) Park and Recreation Director Darren Lewis reports that the Festival of Trees is coming up on December 6th. The viewing is on Dec. 5th from noon to six, and Santa will be there from three to six that day. We have 20 trees representing 20 nonprofits. On the parks side, landscaping is being done at the dog park and Mary Fisher Park restroom area. Upgraded drainage around the athletic field across from Town Park.

- 11 **APPROVAL OF MINUTES**

- a) Approval of the [September 5, 2024] Meeting Minutes

## 12 DEPARTMENT REPORT

### a) Parks and Recreation Report

Park and Recreation Director Darren Lewis informs the board that we have 7-9-year-old basketball and 10-12 girls basketball currently being played. We had our Halloween Hootnany on Oct. 26th at Yamaguchi Park with many kids trick or treating, music, and a party. It was a great turnout. For cost savings this year, we did not do fireworks in October because we did fireworks this past July. On the park side, ongoing landscaping at the dog park and Mary Fisher back restroom area. Upgraded some drainage at the athletic field across from the Town Park.

## 13 OLD BUSINESS

### a) 2025 Budget

Park and Recreation Director Darren Lewis informs the board about some of the expenses incurred this year and some projects that will be happening next year. At the Town Council meeting Tuesday night, everything seemed to be on track for the approval of the 2025 budget.

For Parks and Rec this year, I have adjusted expenditures as far as where they come from. We are using money from the Conservation Trust fund from this year towards some of our big projects and amenities for next year. I concentrated on what needs to be done next year and what was necessary but trying to spend that out of the Conservation Trust Fund only.

We are adding one more full-time staff member to Parks for next year and other costs; this will come out of the capital fund.

One of our bigger projects is the pedestrian bridge over at first street. The design will be approved by the council on Tuesday. This is a no-match grant that the Community Development obtained. This bridge will go in before the end of next year.

Larry Lynch asked Park and Recreation Director Darren Lewis about the parcel section of the Town to Lakes trail was funded for next year. Lewis said there is some CMAC funding, which will be used for that.

## 14 NEW BUSINESS

### a) Pagosa Gateway Project

Park and Recreation Director Darren Lewis informs the board that the Pagosa Gateway Project is a two-mile stretch along the San Juan River. This project involves riverbank stabilization, channel grading, planting, and cleaning up.

Larry Lynch asked if Bob's LP purchase was finalized. Lewis said this is still in the works. Today the Town presented the grant to Goco.

### b) Yamaguchi South River Improvement

Park and Recreation Director Darren Lewis informed the board that this project is to improve roughly 7,500 linear feet. It will start at the Yamaguchi takeout and go 7,500 feet downstream, where a new boat ramp will be proposed. This project will also include redesigning an irrigation at Yamaguchi Park. If this gets approved, this will be a 2026 budget item.

Due to upkeep and maintenance, the ice rink will not be open this year. They are focusing on trying to

# APPROVAL OF MINUTES XI.1.

Combined Parks & Recreation Advisory Board  
November 7, 2024

get the grant, and if they do, there is a chance that the project can get started next summer. Sally High asked if the town is submitting that grant on their behalf. Lewis said they are submitting that grant independently, and we will be the fiscal agent of it. Chair Gwen Taylor asked if the bike skilled park would be open for sure and if that would define that space for the multipurpose pavilion. Lewis assured the board that this would be happening, and we have already set aside that space.

**15 PUBLIC COMMENT**

a) no public comment

**16 NEXT MEETING (March 6, 2025) AT 5:30 PM**

**17 ADJOURNMENT**

The Parks Department staff have been very busy the past few months with the unusually dry weather that we have been experiencing. Staff have been able to perform a "Fall cleanup" in all the Town Parks. Staff have continued trimming trees and brush from Mary Fisher Park, Centennial Park, Goodman Park, Reservoir Hill, and the area East of the Dog Park. The Pagosa Sun printed a letter from the community expressing gratitude for the work done at Centennial Park in their February 13 edition. Parks staff also cleaned up the Cottonwood tree in the Community Garden. Staff met with Mark from San Juan Arborist to assess the health of the tree. Staff removed 2 Russian olive trees located near the riverwalk and also removed some Myrtle Spurge from the along the San Juan Riverbank. Staff have designed and installed a Labyrinth in the southern area of Yamaguchi Park. Staff removed a section of the Town Park concrete sidewalk and located the buried water meter pit. PASWD was able to install risers on the meter pit and Parks staff were able to set a new manhole and repour the concrete slab. Parks staff were then able to dig up and repair the water line leak in the park. Parks staff created a mulch base for the planters at Town Park and Yamaguchi Park in the rock medians. Parks staff trenched for the installation of conduit for the "Hippy Dip" camera, through Mary Fisher Park. Staff are now looking at connecting the original backup conduit to the Mary Fisher Maintenance closet, by trenching from the electrical panel to the bathroom building and installing Conduit. Staff have purchased some of the budgeted equipment and have implemented them into service. Staff have been working with David Hilborn on ADA assessments and transition plans for all the Town Parks. The Parks Department filled a vacant position with Micheal Bear. He started on January 6th and has been a great addition to the staff. Staff will begin their training for the CO applicators license soon.

**Nick Printz**

**Park Supervisor**

Since our last meeting, the community center's free programs have seen strong participation. In November, 588 people utilized the programs, followed by 797 in December, 208 in January (low numbers were due to the gym resurfacing for a week), and 801 in February. Additionally, the Festival of Trees event back in December was a great success, raising over \$60,000 for local nonprofits.

For 2025, recreation registration has shifted from a monthly sign-up system to a more streamlined approach, now opening twice a year—once at the New Year and again in the fall. This change aims to simplify the process and encourage more consistent participation. Staff is also working on expanding program offerings, with family pickleball and flag football being introduced this year to provide more opportunities for kids and families.

Youth sports continue to grow, with recreation programs now divided into a smaller gap in age-based groups, leading to notable improvements in basketball skills and game understanding. This structured approach will carry over into baseball and other sports. Additionally, a new jersey program will launch with baseball this season. Instead of purchasing new jerseys for every sport, participants will pay a one-time \$15 fee for a reusable jersey, reducing costs for families over time. We will roll out this program in the Spring and monitor how it goes.

The staff remains actively involved with the Pagosa Area Recreation Coalition (PARC) and has had productive discussions with task force members about the key impacts of recreation in our area, including access, infrastructure, and management. An update will be presented at the February 25th work session, and PARC is currently exploring different structures and funding mechanisms to ensure its long-term success. A community-wide survey is planned to go out in March through April to capture recreation wants and needs for the Pagosa Area.

Looking ahead, the staff is focused on developing new partnerships to expand recreation opportunities for both youth and adults. There is also a plan to enhance Arbor Day programming with more educational events, supporting our Tree City USA application. These ongoing efforts aim to strengthen community engagement and improve recreational offerings for all.

**Amanda Gadomski**  
**Recreation Supervisor**



# NATIONAL FITNESS CAMPAIGN CAMPAIGN BRIEFING





# AMERICA'S LARGEST PUBLIC-PRIVATE WELLNESS PARTNERSHIP

**CELEBRATING 750TH**  
Healthy Community this Year



**NOW FUNDED**  
to welcome 1000 Healthy  
Communities by 2026

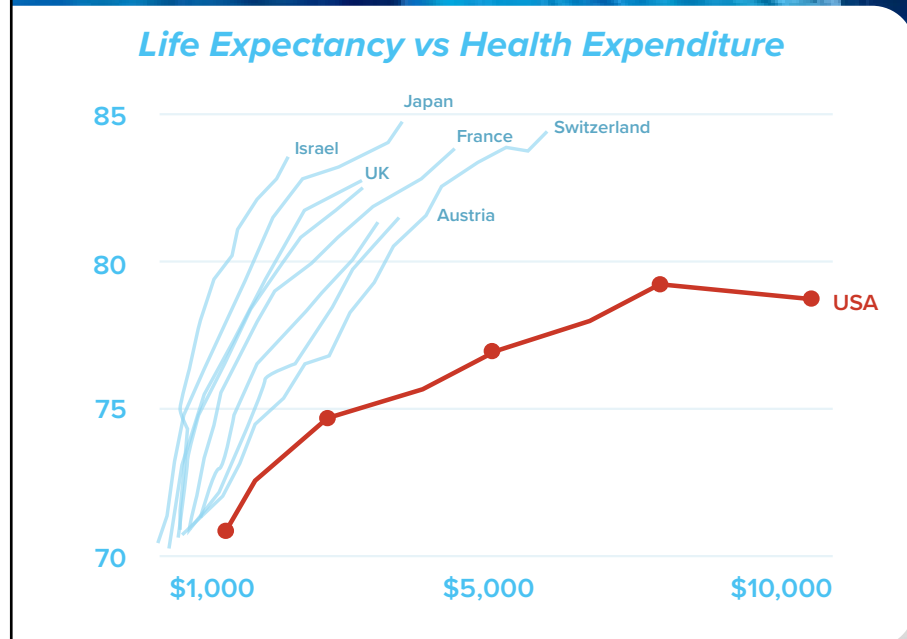
**OUR MISSION** : to Build Healthy Communities





# WHY WE DO IT

## TO MAKE WORLD CLASS FITNESS FREE



**UNDERSTANDING THE PROBLEM**  
 AMERICA IS FACING A HEALTH CRISIS CAUSED BY SEDENTARY LIFE-  
 STYLES AND CITIES DESIGNED FOR CARS. USA SPENDS MORE MONEY  
 THAN ANY OTHER ON HEALTHCARE WITH POOR RESULTS.



**BECOMING THE SOLUTION**  
 WHEN COMMUNITIES ARE DESIGNED TO SUPPORT WELL-  
 BEING, HEALTH OUTCOMES CHANGE!



BROUGHT TO YOU BY





**2025 COLORADO CAMPAIGN**

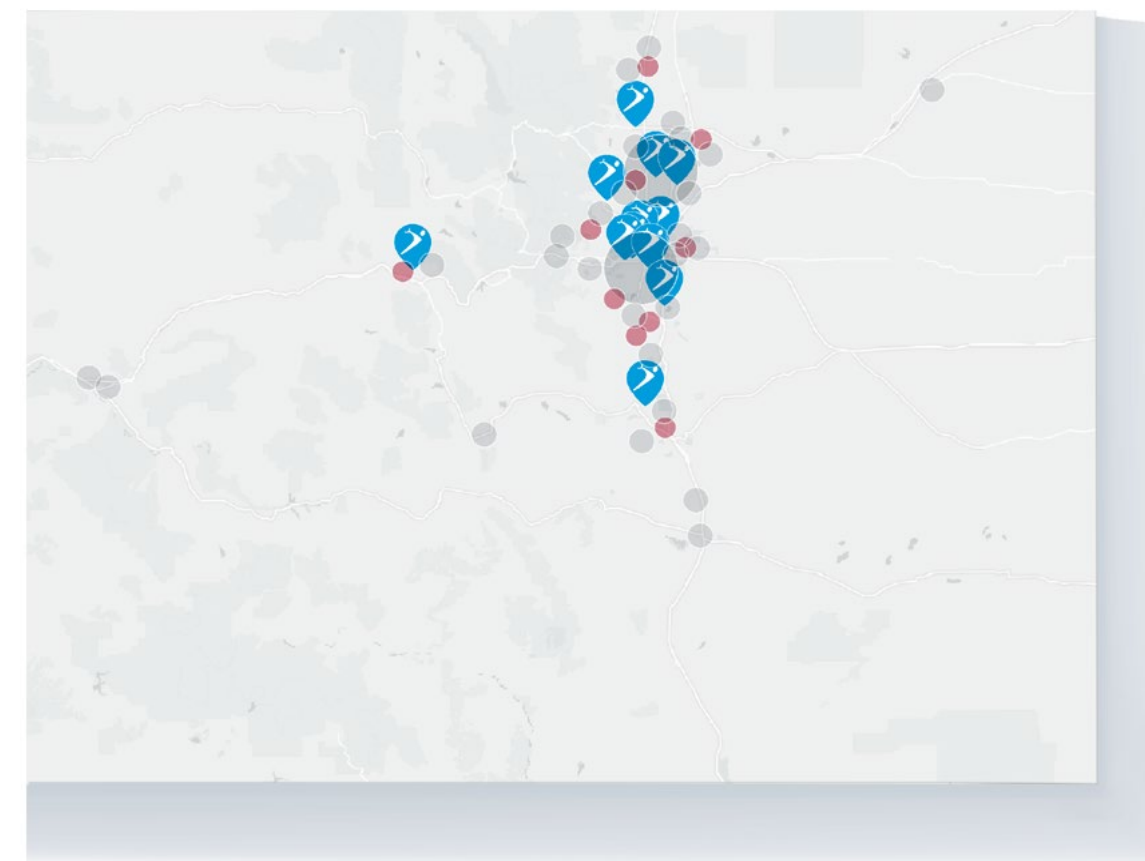
PRESENTED BY

**uhealth** | **NATIONAL FITNESS CAMPAIGN**  
EST. 1979  
FITNESS COURT



**Strategic Plan Adopted for Health Impact Across State**

**Limited funding for 10 communities in 2025**

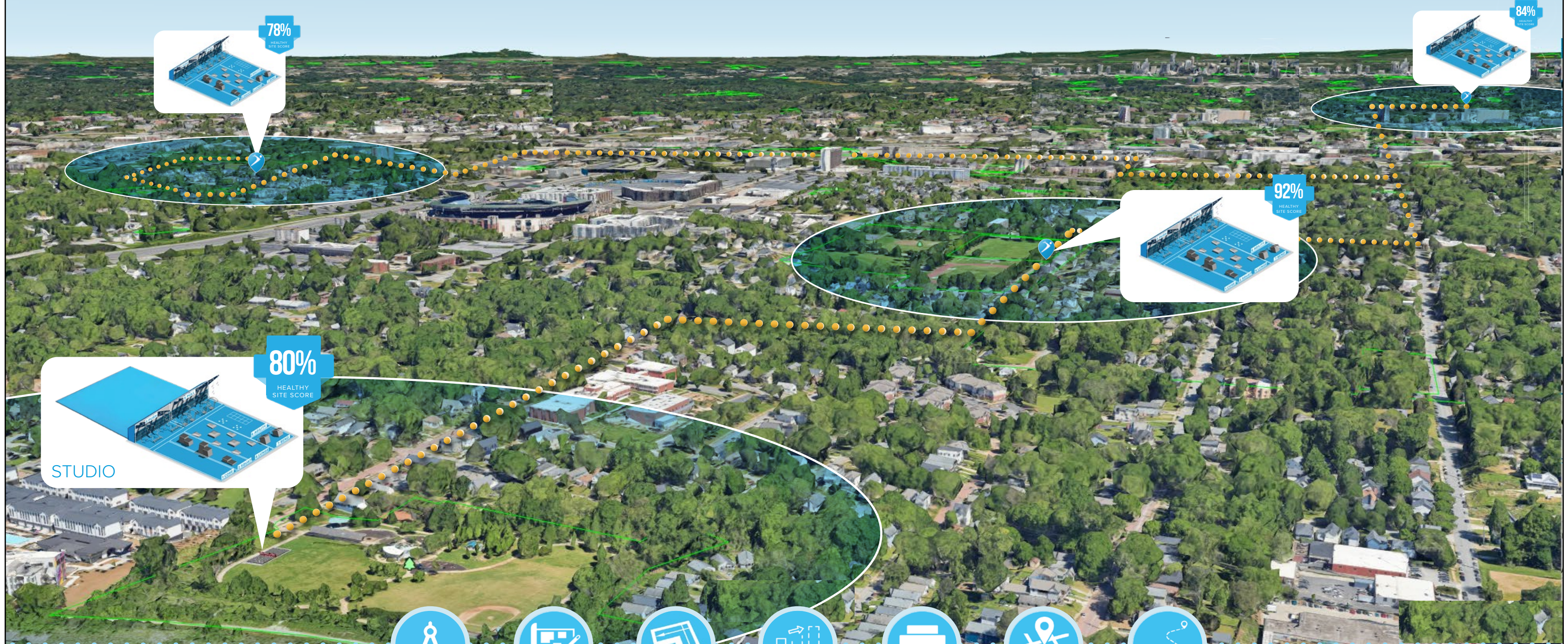


**\$500,000 in Funding Now Available  
for Qualified Site Partners**



# FITNESS COURT | HEALTHY INFRASTRUCTURE PLANNING

MULTI-SITE FUNDING FOR HEALTH IMPACT



**80%**  
HEALTHY SITE SCORE

STUDIO

**78%**  
HEALTHY SITE SCORE

**92%**  
HEALTHY SITE SCORE

**84%**  
HEALTHY SITE SCORE

**BUILDING HEALTHY COMMUNITIES**  
MULTI-SITE PHASING FOR HEALTH IMPACT  
HEALTHY SITE SCORE (HSS)



PLANNING



PHASING



LAYOUTS



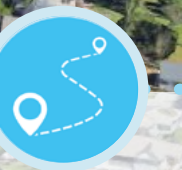
PROJECTIONS



SCORES



MAPPING



TRAILS



CAMPAIGN OVERVIEW

# WHAT WE DO

**A COMPREHENSIVE COMMUNITY WELLNESS PROGRAM**

DESIGN & PLANNING

LAUNCH & PRESS

SPONSOR SUPPORT

PUBLIC ART

GRANT FUNDING

AMBASSADOR TRAINING

INSTALLATION

MOBILE APP





# FITNESS COURT | STUDIO

COMMUNITY WELLNESS HUB



**COMMUNITY WELLNESS PROGRAMMING**  
WELCOMES ENTIRE COMMUNITY  
MAYORS WELLNESS SERIES



HIIT



YOGA



ZUMBA



DANCE



STRETCH



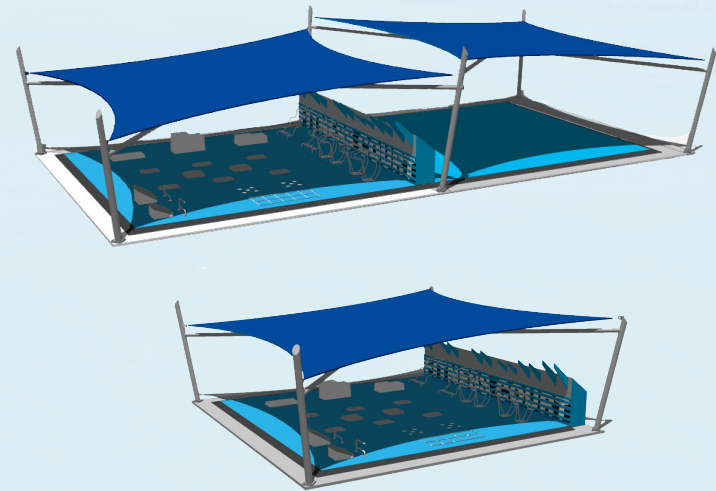
KICKBOXING



TAI-CHI

**NEW FOR 2025**

NOW AVAILABLE FOR  
**FITNESS COURTS &  
FITNESS COURT STUDIOS**



**FITNESS COURT | SHADE**  
WORLDS BEST OUTDOOR GYM JUST GOT COOLER



**EXTENDED  
SEASONAL USE**



**UV & SUN  
PROTECTION**



**INTEGRATED  
DESIGN**



**ENHANCED  
AESTHETICS**



**MADE IN  
USA**



**LONG LASTING  
MATERIALS**



# FITNESS COURT

WORLDS BEST OUTDOOR GYM



**7 MOVEMENT FULL BODY WORKOUT**  
FUNCTIONAL TRAINING SYSTEM  
DIGITALLY ACTIVATED | COACH IN YOUR POCKET



CORE



SQUAT



PUSH



LUNGE



PULL



AGILITY



BEND



# FITNESS COURT | ART

EVERY FITNESS COURT IS A WORK OF ART



**WORK WITH LOCAL ARTISTS**  
NFC DESIGN STUDIO

**WORLD RENOWN ARTIST GALLERY**  
KEITH HARING | JEAN MICHEL BASQUIAT

## Fitness Court® Custom Art

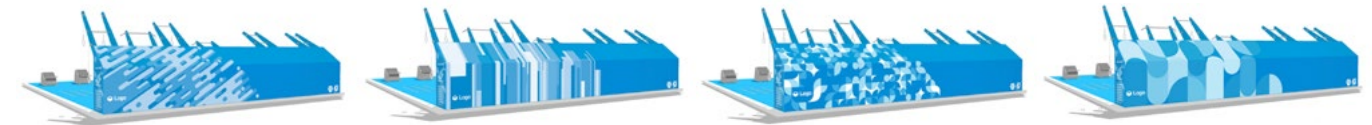


**Local Artist Program**  
Additional Funding Required

EACH FITNESS COURT® IS A ONE-OF-A-KIND WORK OF ART.

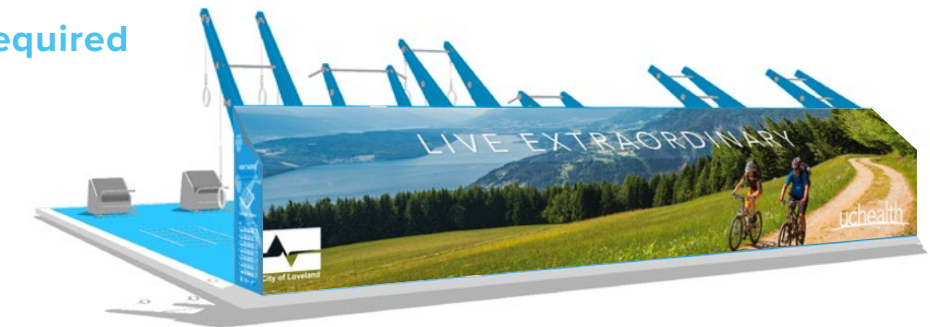
### FITNESS COURT® ART

No Additional Funding Required



### NFC CUSTOM ART

Additional Funding Required





# CAMPAIGN IMPACT | NFC

**BUILDING HEALTHY COMMUNITIES**

**1. BE A PART OF THE NATIONAL FITNESS CAMPAIGN**  
AMERICA'S LARGEST PUBLIC PRIVATE WELLNESS PARTNERSHIP

**2. HEALTH BENEFITS**  
MORE TIME OUTDOORS, IMPROVED MENTAL & PHYSICAL WELLBEING

**3. HEALTHY INFRASTRUCTURE**  
PLACES DESIGNED FOR PEOPLE NOT CARS

**4. BUILDING COMMUNITY**  
CREATING A WELLNESS CULTURE THAT IS SOCIAL, CONNECTED AND FUN!

**5. REDUCED HEALTHCARE COSTS**  
HEALTHIER, HAPPIER, PEOPLE



# 2025 STATEWIDE CAMPAIGN



NATIONAL FITNESS CAMPAIGN

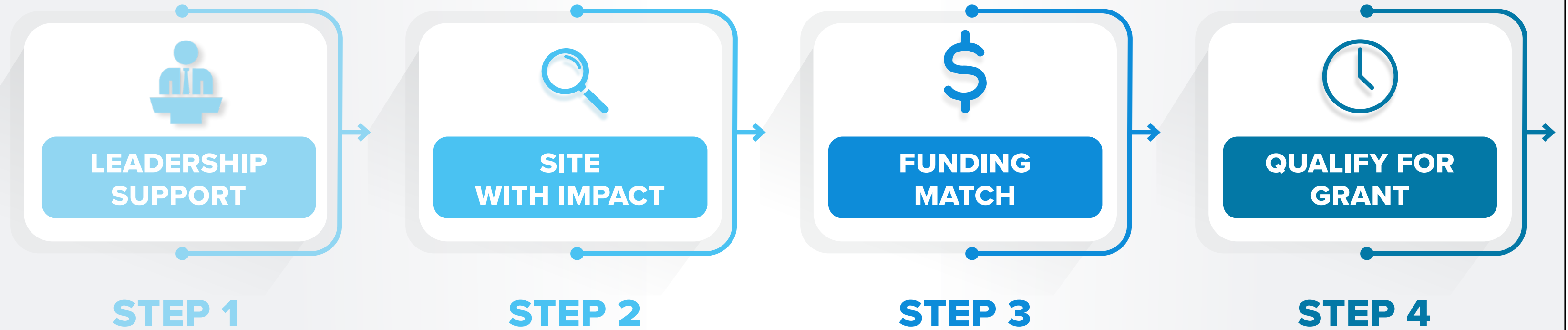
# 2025

**200 NEW PARTNERS**

WE'RE PLEASED TO ANNOUNCE THE 2025 CAMPAIGN

# NFC Grant Requirements

Program Qualification



**JOIN THE CAMPAIGN**



STEP 1

## LEADERSHIP SUPPORT

BUILD CONSENSUS / CONFIRM FEASIBILITY  
MUNICIPAL LEADER SUPPORT

SHARE 3 MINUTE VIDEO



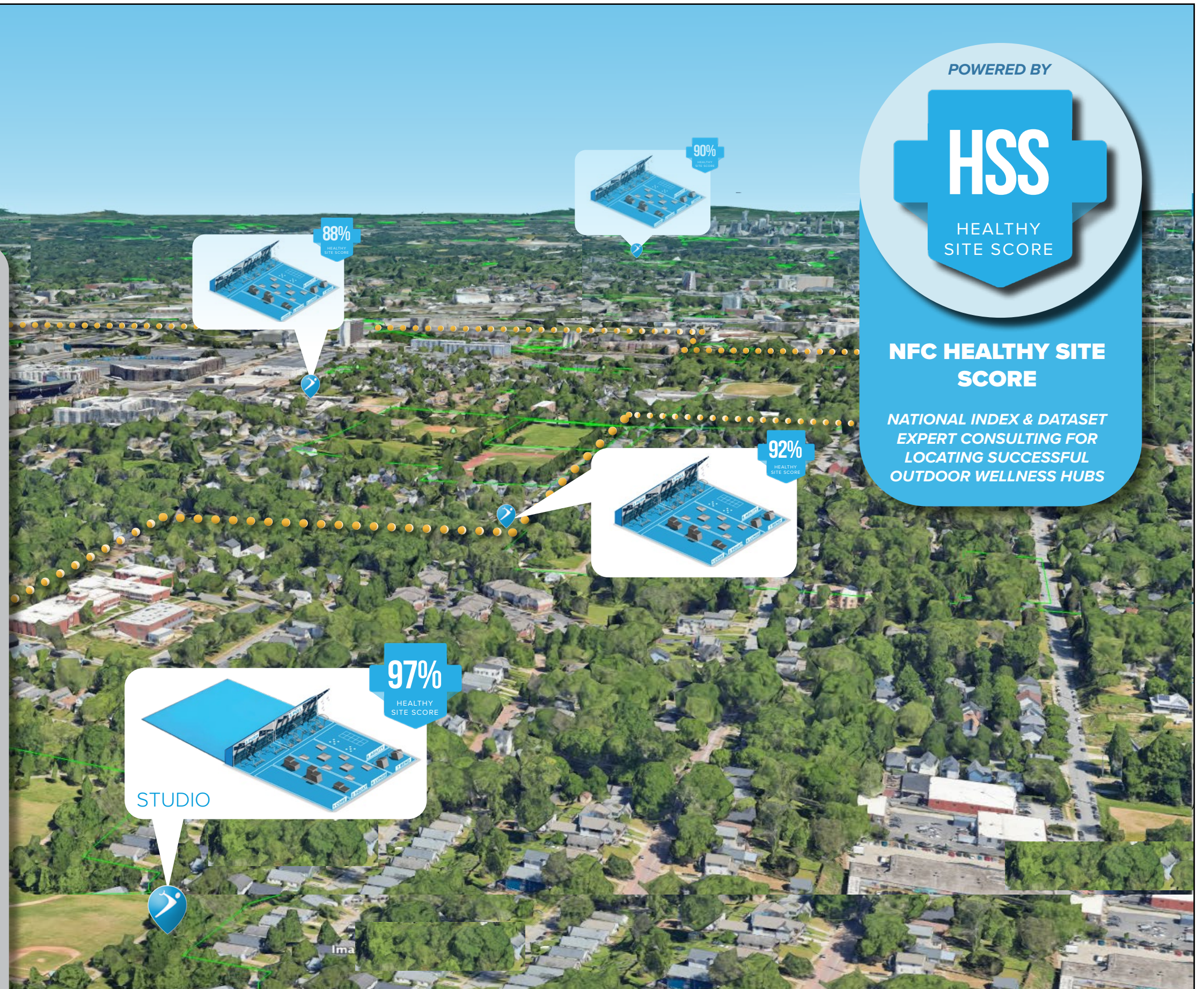


STEP 2  
**SITES WITH IMPACT**

Supported by NFC's Expert Consulting Services, Identify Site Locations that Meet Criteria for Funding Qualification & Health Impact

**HEALTHY INFRASTRUCTURE PLANNING**  
• VISIBLE • CONNECTED • ACCESSIBLE •

Participate in Virtual Workshop led by NFC Expert Consultants to receive data & qualification information regarding your public spaces. See how your municipality or school benchmarks vs national averages.



POWERED BY

**HSS**

HEALTHY SITE SCORE

**NFC HEALTHY SITE SCORE**

NATIONAL INDEX & DATASET  
EXPERT CONSULTING FOR  
LOCATING SUCCESSFUL  
OUTDOOR WELLNESS HUBS



*STEP 3*  
**FUNDING MATCH**

*NFC GUIDES FUNDING PLAN  
CIP • STATE/NATIONAL • LOCAL SPONSORS*

**GRANT FUNDING AVAILABLE:  
\$30,000-\$60,000 PER SITE**

**PROGRAM FUNDING REQUIREMENT  
\$150,000-\$260,000**

*PER SITE PENDING PROGRAM CONFIGURATION AND  
INSTALLATION METHOD*





*STEP 4*  
**QUALIFY FOR GRANT**

- A. PRE-APPLICATION PHASE*
- B. GRANT AWARD*
- C. BUILD/SITE PLAN*
- D. LAUNCH LOCAL CAMPAIGN*

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**SUBMIT GRANT  
APPLICATION**



# JOIN US

LET'S BUILD HEALTHY COMMUNITIES  
**TOGETHER**



## Discussion - Q&A

# NEXT STEP



SCHEDULE VIRTUAL SITE  
REVIEW WORKSHOP LED BY  
NFC EXPERT CONSULTANTS TO  
EXPLORE FEASIBILITY



## DISCUSSED AT NEXT STEP:

1. *SITE WORKSHOP & HEALTHY SITE SCORE REVIEW*
2. *FEASIBILITY & ALIGNMENT WITH LOCAL PRIORITIES*
3. *FUNDING REQUIREMENT DETAILS AND GRANT PROGRAM & AVAILABILITY FOR YOUR STATE*
4. *NON-BINDING GRANT QUALIFICATION PROCESS*